

10 Steps to Success!

Stimulate

Encourage

Awaken

Motivate

- Commit now - just get on that horse. Get moving to gain momentum by having a clear and compelling vision. Don't fall into the trap of over-analysing. Take a direction, any direction. Details can come later.
- Put in the hours. What we do every day matters much more than what we do once in a while. Make routine your best friend and make each one work for you. Set achievable goals - daily, weekly, monthly and yearly. Make them suit you and the way you like to work. You're in this for the long haul, not the quick fix.
- Make change happen. Focus on actions. Inventory what needs to change and how you'll accomplish that. Don't fear or resist change, rather change the way you look at things. As a result, the things you look at may change. Learn to adapt quickly and expect to do it time and again.
- Be willing to fail. Things often get harder before they get easier. Learn from your mistakes, they may lead to innovation. Try to foresee roadblocks. Work to your strengths not your weaknesses.
- Be responsible - you're in charge now. Hold yourself accountable. Problem solving is a skill you need to embrace. Learn to love healthy habits that feed into your vision.
- Set up systems and templates and be organised. These will make your life easier and less stressful. They will also save you time and boost your work output. Develop them to support how you like/need to work.
- Dare to be different. Unique is good. Question convention.
- Focus. Unlock the power of getting more done with less effort. Concentrate on one task at a time and try to work free from distractions so you can reach your peak level.
- Consistency is not easy. It's a discipline. Be resilient and persistent, taking small, regular steps to reach your goals. Work at a sustainable pace to reap the rewards of consistency.
- Refine, review and adjust. Keep going, but get better at it! You can only manage what you measure. If something isn't working, change it and review systems regularly.

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